



In-School Retreat - **Sample**

Theme: Words matter

08:30	Arrive, set up, Pray.
09:00	Intros (Team, day plan, set the theme and faith tone)
09:15	Rules/Games
10:00	Quiz 1
10:30	BREAK
11:00	Reflective time
	Students time - Punchinello
	Discussions (All)
12:00	Quiz 2
12:30	Game / or a reflection
12:50	LUNCH
13:30	Activity - Xs & Os
14:00	Talk (Testimony)
14:20	Reflective time/ Small group chats 14:30 - Quiz 3
15:00	Talk - Words matter - Proverbs 18:21
15:30	Wrap up, Winners of quiz and debrief